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PHRASEOLOGICAL UNITS WITH CLOTHING COMPONENTS IN ENGLISH LANGUAGE

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Phraseological units (FBS) testify to the cultural linguistic wealth of a particular people. They are linguistic units that help to reveal the peculiarities of the Ethnos worldview. Phraseological unit, phraseology is the common name for stable (stationary) bonds, made up of two or more words, meaningfully equivalent to an interrelated vocabulary or sentence, applied and not divided in a portable sense of integrity. Phraseology, in contrast to syntactic structures similar to the phraseology themselves, do not arise in speech by free choice, substitution of words, but as a pre-finished material with meaning and a certain lexical-grammatical composition, that is, it is impossible to exclude, drop a part from the phraseologies' content[1].

English is considered as a language, which is rich in phraseological units in the world. In English, like other languages, it is important and interesting to study the national-cultural semantics of the language, since they can also embody the internal structures, nature, peculiarities of the language from period to time, the economic and social structure, art, customs and history of the country. The meanings they represent will reflect children's National Games, about monetary units, National Medicine, about hunting, about flora and fauna, human appearance, dress and lifestyle, and many other topics specific to the national mentality[2].

Clothing terms find their way into English in a range of expressions and idioms, giving everyday conversation extra flair.

Here is a look at some common phrases and idioms with clothing-related words and their colorful meanings!

1. "Keep it Under Your Hat" – Imagine having a precious secret tucked away under your hat. This phrase means to keep something confidential or to avoid sharing information widely. Whether its exciting news or a discreet detail, people might say, "Keep it under your hat!" as a reminder not to spill the beans. Example: "I've got a new job offer, but keep it under your hat until its official!" [3].

2. "Put a Sock in It" – Used humorously, this phrase suggests someone should stop talking or quiet down. The visual of "putting a sock" in someone's mouth to silence them can be amusing, and it is often said in a playful context. Example: "We're trying to concentrate over here, so put a sock in it!"[4].

3. "Fits Like a Glove" – A perfect fit is something everyone loves, whether it's a new shirt, an apartment, or even a job. This expression is used to describe anything that fits or suits someone perfectly, giving a sense of satisfaction and comfort. Example: "Those new hiking boots fit like a glove super comfortable and just my size!".

4. "Handle with Kid Gloves" – Kid gloves, made from soft leather, symbolize delicate handling. This phrase means treating someone or something with care and gentleness, especially if they are sensitive. Example: "The new software is complicated, so let's handle it with kid gloves until everyone's trained".

5. "Buckle Down" refers to putting in effort and focusing on a task. It brings to mind buckling up for a ride or getting ready for something challenging. Example: "The deadline's coming up fast, so it's time to buckle down and finish the project".

6. "Wear Your Heart on Your Sleeve" – This phrase draws from the imagery of openly displaying emotions, much like wearing an accessory. If someone "wears their heart on their sleeve", they are open and honest with their feelings. Example: "She's so caring and transparent; she really wears her heart on her sleeve".

7. "Tighten Your Belt" – Often used in financial contexts, this phrase means to cut down on spen-

[1] https://qomus.info/encyclopedia/cat-f/frazeologizm-uz
[2] https://www.merriam-webster.com/dictionary/hat, shoes#related-phrases
[3] https://www.merriam-webster.com/dictionary/sock,wool#related-phrases
[4] Малишевская Д.И. Базовые концепты культуры в свете гендерного подхода И Фразеология в контексте культуры. - М.: Языки русской культуры, 1999 - С. 84.

ding. It likely originated from times when people had to adjust to tough circumstances, literally and figuratively. Example: “We went over budget on our vacation, so we’ll have to tighten our belts until next payday”[1].

8. “Dress to the Nines” – When someone is “dressed to the nines,” they are looking incredibly polished and stylish. The origin of the phrase is debated, but it is used to describe dressing up in the best way possible, often for a special occasion. Example: “The gala is this evening, and everyone is dressing to the nines!”[2].

9. “Hot Under the Collar” – If someone becomes “hot under the collar,” they are frustrated or angry. This phrase refers to the image of someone getting red or sweaty with irritation, which often happens around the collar area. Example: “He got hot under the collar when he heard he’d have to work late again”[3].

10. “Put Yourself in Someone’s Shoes”– Empathy is essential in understanding others, and “putting yourself in someone’s shoes” encourages seeing things from another person’s perspective. Example: “I know you’re upset, but try putting yourself in her shoes–she’s been under a lot of stress”[4].

Phrases with clothing items are both expressive and memorable, adding a unique twist to English communication. They allow us to describe feelings, situations, and actions in vivid, relatable ways, whether it is about keeping a secret under your hat or tightening your belt in tough times.

Rezume: this article is devoted to the analysis of dress component phraseological units in English, giving general insights into the phraseological unit. In addition examples of dress component phraseological units in English and the semantic analysis of them are given.

Резюме: данная статья посвящена анализу фразеологизмов, содержащих элементы одежды в английском языке, и дает общее представление о фразеологизме. Кроме того, приводятся примеры фразеологизмов, содержащих элементы одежды в английском языке, и их семантический анализ.

Rezyume: ushbu maqola ingliz tilidagi kiyim elementlarini o‘z ichiga olgan frazeologik birliklarni tahlil qilishga bag’ishlangan va frazeologik birliklar haqida umumiy tushuncha berilgan. Bundan tashqari, ingliz tilidagi kiyim komponentli frazeologik birliklarga misollar va ularning semantik tahlili keltirilgan.

[1] Мигдаль И.Ю. Лингвокультурологические особенности тематического поля кино американского варианта английского языка (в сопоставительном аспекте): дис. ... канд. филол. наук. - М., 2005 - 227 с.

[2] Уайт Л.А. Понятие культуры: пер. с англ. / Л.А. Уайт // Антология исследования культуры. Т. 1: Интерпретация культуры. - СПб., 1997. - С. 17-48.

[3] Yadigarova Sitora Bahramovna. (2023). Analysis of Clothing Component Proverbs in English and Uzbek. American Journal of Language, Literacy and Learning in STEM Education (2993-2769), 1(10), 353–356. Retrieved from https://grnjournal.us/index.php/STEM/article/view/2017

[4] Bahromovna, Y. S. (2021). Thematic Division of Clothing Names in English and Uzbek. EUROPEAN JOURNAL OF INNOVATION IN NONFORMAL EDUCATION, 1(2), 61–62. Retrieved from https://inovatus.es/index.php/ejine/article/view/41